

MAY

03-5412-2555 TEL 1200-2100

	Mon			Tue		
	STUDIO A	STUDIO B	STUDIO C	STUDIO A	STUDIO B	STUDIO C
6:00 ~ 10:30	6:00~10:30 Morning free pole	6:00~11:45 Morning Free Pole		6:00~10:30 Morning free pole		
11:00				11:15~12:15 AERIAL SILK LEVEL 1&2		
12:00	11:30~12:30 TICKET ONLY FREE CLASS		11:30~12:30 TICKET ONLY FREE CLASS	11:45~12:45 FREE POLE	11:30~12:30 AYA	
13:00	12:45~13:45 POLE LEVEL 1&2 MOMOK	12:30~13:30 AERIAL HIPOP LEVEL 1	FREE POLE	13:00~14:00 SPINNING POLE LEVEL 1	12:45~13:40 AERIAL YOGA AYA	13:00~14:00 FREE POLE
14:00	14:00~15:15 POLE LEVEL 3&4 STATO OR SPINNING	14:00~15:00 HAMMOCK DANCE LEVEL 1&2	14:15~15:15 POLE LEVEL 2	14:15~15:30 POLE LEVEL 2&3	14:00~15:00 AERIAL HIPOP LEVEL 1&2	14:45~15:45 FLEXIBILITY BEGINNER
15:00	NISHO	AYA	SHOKEO	akane@platinum	AYA	ELLES
16:00	15:30~16:45 POLE LEVEL 3 SHOKEO	15:30~16:30 AERIAL SILK LEVEL 1&2 AYA	16:00~17:00 POLE LEVEL 1	16:00~17:15 POLE LEVEL 3	15:30~16:30 POLE HELLS SUPER BEGINNER AYA	16:00~17:00 POLE LEVEL 2 akane@platinum
17:00			16:45~17:45 FREE POLE	SHOKEO		17:15~18:15 Except 3rd FREE POLE
18:00		18:45~19:45				
19:00	19:00~20:00 POLE LEVEL 2	AERIAL SILK LEVEL 1 MIKA	19:15~20:15 POLE LEVEL 1&2 ELLES	19:15~20:15 3rd 17:00~18:15 SPINNING POLE LEVEL 1	19:00~20:15 3rd 17:00~18:15 POLE LEVEL 2&3	19:30~20:30 2nd 17:45~18:45 1st 17:00~18:00 POLE LEVEL 1 ELLES
20:00	SHOKEO	20:00~21:15 POLE HELLS SUPER BEGINNER	20:00~21:00 POLE LEVEL 1	MIKA	akane@platinum	20:00~21:00 2nd 19:00~20:00 POLE LEVEL 2
21:00	20:30~21:30 SPINNING POLE LEVEL 1	MIKA	21:30~22:30 AERIAL SILK LEVEL 1&2	20:30~21:30 POLE HELLS SUPER BEGINNER	20:30~21:45 3rd 18:45~19:45 POLE LEVEL 2	20:30~21:50 3rd 19:00~20:00 POLE LEVEL 2
22:00	21:30~22:30 AERIAL SILK LEVEL 1&2	21:45~22:45 FREE POLE		21:45~22:45 3rd 20:00~21:00 TICKET ONLY FREE CLASS	akane@platinum	22:15~24:00 RENTAL 4,000 only!

**If you are level1, this is a class you can take!

	Wed			Thu		
	STUDIO A	STUDIO B	STUDIO C	STUDIO A	STUDIO B	STUDIO C
6:00 ~ 10:30	6:00~10:30 Morning free pole			6:00~10:30 Morning free pole		
11:00		11:15~12:15		11:15~12:15	11:15~12:15	11:45~12:45
12:00	11:30~12:30 POLE LEVEL 1&2 ANI	FREE POLE	11:30~12:30 FREE POLE	12:00~13:00 FREE POLE		
13:00	12:45~13:45 EXOTIC FLOW (ALL LEVEL)	FREE POLE	12:45~13:45 FREE POLE	13:00~14:15 POLE LEVEL 1&2 STATO OR SPINNING	12:30~13:45 POLE LEVEL 1&2 AYUMI	13:00~14:00 FREE POLE
14:00	14:00~15:15 R-JS 3&4 STATO OR SPINNING ANI	14:00~15:15 POLE LEVEL 1&2 ELLES	14:15~15:15 FREE POLE	14:00~15:15 SHOKEO	14:30~15:30 POLE LEVEL 1&2 MOMOK	14:15~15:15 SPINNING POLE LEVEL 1 AYUMI
15:00	15:45~16:45 Relaxed Stretching akane@platinum	15:00~16:00 SPINNING POLE LEVEL 1 ELLES	15:30~16:30 FREE POLE	15:45~16:45 SPINNING POLE HELLS LEVEL 1 MOMOK	16:00~17:00 AERIAL HIPOP LEVEL 1&2 AYUMI	15:30~16:30 FREE POLE
17:00		17:00~18:00 SPINNING POLE LEVEL 1&2 ELLES	17:00~18:00 SPINNING POLE LEVEL 1&2 ELLES	17:30~18:30 AERIAL SILK LEVEL 1&2 AYUKO	16:45~17:45 Except 5th FREE POLE	
18:00		18:45~19:45 POLE LEVEL 1&2 KUMI	18:45~19:45 POLE LEVEL 1&2 KUMI	18:00~19:15 5th 17:00~18:15		
19:00	19:00~20:15 POLE LEVEL 2&3	19:15~20:30 4th 18:45~19:00 DORTORTON WS BEGINNER	20:15~21:15 4th 18:00~19:00 POLE LEVEL 1 NISHO	19:00~20:00 POLE LEVEL 3 SHOKEO	19:30~20:30 5th 18:45~19:45 AERIAL SILK LEVEL 1	19:00~20:00 LEVEL 1&2 AYUMI
20:00	20:30~22:45 akane@platinum	20:45~22:00 4th 19:15~19:30	20:15~21:15 4th 18:00~19:00 POLE LEVEL 1 NISHO	20:30~21:30 POLE LEVEL 1&2 SHOKEO	20:15~21:15 5th 20:00~21:15	20:15~21:15 5th 19:00~19:00 FREE POLE
21:00	21:45~22:45 4th 19:00~20:00 akane@platinum	21:45~22:45 4th 19:15~19:30 ELLES	21:45~22:45 4th 19:15~19:30 ELLES	21:45~22:45 4th 19:15~19:30 AERIAL SILK LEVEL 2	21:30~22:30 5th 19:15~20:15	21:30~22:30 5th 19:15~20:15 FREE POLE
22:00	22:00~23:00 TICKET ONLY FREE CLASS	AKI	AKI	22:00~23:00 FREE POLE SAYO		

**If you are level1, this is a class you can take!

	Fri			Sat			(Sun)		
	STUDIO A	STUDIO B	STUDIO C	STUDIO A	STUDIO B	STUDIO C	STUDIO A	STUDIO B	STUDIO C
6:00 ~ 10:30	6:00~11:40 Morning free pole	6:00~12:00 Morning Free Pole			10:00~11:00 14th & 20th AERIAL SILK REFINANCING (Only BEGINNER)				
11:00				11:00~12:00 Boot CAMP	11:15~12:15 AERIAL SILK LEVEL 1&2 AYA	11:15~12:15 FREE POLE	11:00~12:00 POLE LEVEL 1&2 KUMI	11:00~12:00 AERIAL HIPOP LEVEL 1	11:00~12:00 FREE POLE
12:00	12:00~13:15 POLE LEVEL 1&2	12:00~14:00 HAMMOCK DANCE LEVEL 1	12:00~13:00 FREE CLASS	12:15~13:30 POLE LEVEL 3&4	12:30~13:30 AERIAL HIPOP LEVEL 1&2	12:30~13:30 FREE POLE	12:15~13:15 SHOKEO	12:15~13:15 AYA	12:15~13:15 POLE LEVEL 1&2 KUMI
13:00	12:45~13:45 EXOTIC FLOW (ALL LEVEL)	13:00~14:30 AYA	TICKET ONLY FREE CLASS	13:00~14:30 POLE LEVEL 1 SHOKEO	13:40~14:40 AERIAL HIPOP LEVEL 1&2	13:30~14:30 FREE POLE	12:45~13:45 POLE LEVEL 1&2 KUMI	12:45~13:45 AERIAL HIPOP LEVEL 1&2 ANI	12:45~13:45 FREE POLE
14:00	13:30~14:30 SPINNING POLE HELLS LEVEL 1	14:30~15:30 AERIAL SILK LEVEL 1&2	14:45~15:45 FLEXIBILITY BEGINNER	14:45~16:00 POLE LEVEL 3 SHOKEO	14:30~15:30 AERIAL SILK LEVEL 2	14:30~15:30 POLE LEVEL 1 NISHO	14:00~15:00 POLE LEVEL 1 NISHO	14:00~15:00 HAMMOCK DANCE LEVEL 1&2	14:00~15:00 POLE LEVEL 3&4 STATO OR SPINNING
15:00	14:45~16:00 POLE LEVEL 3 SHOKEO	17:30~18:30 AERIAL SILK LEVEL 2	16:00~17:00 POLE LEVEL 1&2 ELLES	15:15~16:15 Pole Trick & Combination (50min) AYUMI	15:30~16:30 AERIAL SILK LEVEL 1	15:30~16:30 SPINNING POLE HELLS BEGINNER	15:30~16:30 POLE HELLS SUPER BEGINNER KUMI	15:00~16:00 SPINNING POLE HELLS BEGINNER	15:00~16:00 AERIAL SILK BEGINNER (Only BEGINNER) AYA
16:00	16:00~17:00 SPINNING POLE HELLS BEGINNER	17:30~18:30 AERIAL SILK LEVEL 2	17:30~18:30 AERIAL SILK LEVEL 2	16:30~17:30 POLE LEVEL 1&2 ELLES	16:30~17:30 POLE LEVEL 1&2 ELLES	16:30~17:30 POLE LEVEL 1&2 ELLES	16:30~17:30 POLE LEVEL 1&2 ELLES	16:30~17:30 POLE LEVEL 1&2 ELLES	16:30~17:30 POLE LEVEL 1&2 ELLES
17:00	17:00~18:00 SPINNING POLE HELLS BEGINNER	17:30~18:30 AERIAL SILK LEVEL 2	17:30~18:30 AERIAL SILK LEVEL 2	17:15~18:15 FREE POLE	17:15~18:15 FREE POLE	17:15~18:15 FREE POLE	17:15~18:15 FREE POLE	17:15~18:15 FREE POLE	17:15~18:15 FREE POLE
18:00				18:00~20:15 POLE LEVEL 3&4 STATO OR SPINNING	18:00~20:00 AERIAL SILK LEVEL 1	18:45~19:45 POLE LEVEL 1&2 ELLES	18:00~20:00 AERIAL SILK LEVEL 2&3	18:00~20:00 FREE POLE	18:00~20:00 FREE POLE
19:00	18:00~20:15 POLE LEVEL 3&4 STATO OR SPINNING	19:00~20:00 AERIAL SILK LEVEL 1	18:45~19:45 POLE LEVEL 1&2 ELLES	18:00~20:15 POLE LEVEL 3&4 STATO OR SPINNING	19:00~20:00 AERIAL SILK LEVEL 1	18:45~19:45 POLE LEVEL 1&2 ELLES	18:00~20:00 AERIAL SILK LEVEL 2&3	18:00~20:00 FREE POLE	18:00~20:00 FREE POLE
20:00	20:30~21:45 POLE LEVEL 2&3	20:15~21:15 AERIAL SILK LEVEL 1&2	20:15~21:15 AERIAL SILK LEVEL 1&2	20:30~21:45 POLE LEVEL 2&3	20:15~21:15 AERIAL SILK LEVEL 1&2	20:15~21:15 AERIAL SILK LEVEL 1&2	20:15~21:15 AERIAL SILK LEVEL 1&2	20:15~21:15 AERIAL SILK LEVEL 1&2	20:15~21:15 AERIAL SILK LEVEL 1&2
21:00	21:30~22:30 AERIAL SILK LEVEL 1&2	21:30~22:30 AERIAL SILK LEVEL 1&2	21:30~22:30 AERIAL SILK LEVEL 1&2	21:30~22:30 AERIAL SILK LEVEL 1&2	21:30~22:30 AERIAL SILK LEVEL 1&2	21:30~22:30 AERIAL SILK LEVEL 1&2	21:30~22:30 AERIAL SILK LEVEL 1&2	21:30~22:30 AERIAL SILK LEVEL 1&2	21:30~22:30 AERIAL SILK LEVEL 1&2
22:00	22:00~23:00 TICKET ONLY FREE CLASS			22:00~23:00 TICKET ONLY FREE CLASS			22:15~24:00 RENTAL 4,000 only!		

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