

MAY

	Mon			Tue			Wed			Thu			Fri			Sat			Sun		
	Space A	Space B	MINI	Space A	Space B	MINI	Space A	Space B	MINI	Space A	Space B	MINI	Space A	Space B	MINI	Space A	Space B	MINI	Space A	Space B	MINI
9:00				9:00~10:00 Morning free pole			9:00~10:00 Morning free pole														
10:00							10:00~11:00 YUKO														
11:00	11:00~12:00 POLE LEVEL 1 TOMO	11:00~12:00 POLE LEVEL 2 TOMO		10:45~11:45 AERIAL HOOP BASIC for BEGINNER MARI			11:45~12:45 TOMO			11:00~12:00 *Except 2nd POLE LEVEL 1 YOKO	11:00~12:00 *Except 2nd POLE LEVEL 2 YOKO		10:30~11:30 POLE ALL LEVEL (60min) YOKO 3rd YUI			11:15~12:15 *Only 18th STRIP HEELS BASIC ALL LEVEL	11:15~12:15 *4th, 11th & 25th POLE HEELS SLOW MOVE	10:30~11:00 POLE LEVEL 1 & 2 TOMO	10:30~11:45 POLE LEVEL 2&3 YUI		
12:00				12:15~13:15 AERIAL HOOP LEVEL 1 MARI			12:15~13:30 DANCE TOMO			12:15~13:30 *Except 2nd FLOORPLAY Advance YOKO	12:15~13:15 *Only 3rd POLE LEVEL 1 & 2 Hitomi		12:00~13:00 *Except 3rd EXOTIC CHAIR BASIC YOKO			11:45~12:45 *Only 3rd POLE LEVEL 1 & 2 YUI			12:10~13:10 POLE LEVEL 1 & 2 YUI		
13:00	12:30~13:30 TICKET ONLY FREE POLE						13:00~14:00 POLE LEVEL 1~3 REQUEST TOMO									12:30~13:30 KIDS POLE UPPER INTERMEDIATE TOMO					
14:00	13:45~14:45 TICKET ONLY FREE POLE			13:45~14:45 TICKET ONLY FREE POLE			14:10~15:10 FREE POLE			13:45~14:45 YOKO 2nd Hitomi			13:15~14:15 *Except 3rd STRIP HEELS BASIC ALL LEVEL YOKO	13:15~14:15 *Only 3rd HEELS BASIC ALL LEVEL YUI		13:35~14:35 KIDS POLE BEGINNER KUMI			13:30~14:45 POLE LEVEL 3&4 MOMOYO	13:45~14:45 KIDS POLE ALL LEVEL YUI	
15:00	15:00~16:00 SPINNING POLE LEVEL 1&2 MOMOYO			15:00~16:00 FREE POLE			15:15~16:15 TICKET ONLY FREE POLE			15:00~16:00 HEELS CHOREO SALLY			14:30~15:45 POLE ALL LEVEL Pego (KASUMI)			15:15~16:15 EXOTIC POLE FLOW ALL LEVEL Antonia		15:00~16:00 POLE LEVEL 2 KUMI	15:00~16:00 EXOTIC FLOOR FLOW BASIC MOMOYO	15:00~16:00 EXOTIC FLOOR FLOW BASIC MOMOYO	15:00~16:00 EXOTIC FLOOR FLOW BASIC MOMOYO
16:00	16:15~17:30 POLE LEVEL 3&4 MOMOYO			16:30~17:30 Kids rhythmic gymnastics MOKA			16:30~17:30 TICKET ONLY FREE POLE			16:15~17:15 SPINNING POLE LEVEL 1 SALLY			16:00~17:00 FREE POLE			16:30~17:45 POLE LEVEL 2&3 MOMOYO			16:30~17:30 *Only 5th & 19th AERIAL HOOP LEVEL 1 MOE	16:15~17:15 *Only 12th & 26th POLE FLOOR FLOW TOMO	
17:00							18:15~19:15 SPINNING POLE LEVEL 1 RIE			19:15~20:30 POLE LEVEL 2 Hitomi			19:00~20:00 *3rd 17:15~18:15 10th & 24th SPINNING POLE BEGINNER 3rd, 17th & 31st 20 minute course (invert handring, shoulder mount) Pego (KASUMI)			18:00~19:00 EXOTIC FLOOR FLOW BASIC MOMOYO			17:45~18:45 *Only 5th & 19th AERIAL HOOP BASIC for BEGINNER MOE		
18:00							19:30~20:30 Sexy movement ALL LEVEL RIE			19:30~20:30 POLE LEVEL 1&2 Pego (KASUMI)			20:15~21:30 *3rd 18:30~19:45 10th & 24th POLE LEVEL 2&3 3rd, 17th & 31st POLE LEVEL 3&4 Pego (KASUMI)			19:00~20:00 MomoYo's Heels Trick WS (60min) MomoYo					
19:00	19:15~20:15 *6th 18:00~19:00 POLE HEELS BEGINNER mis			19:15~20:15 *6th 18:00~19:00 POLE LEVEL 1&2 AYA			20:45~21:45 POLE LEVEL 2 AYA			20:45~21:45 SPINNING POLE HEELS LEVEL 1 MOMOYO											
20:00	20:30~21:30 *6th 19:15~20:15 POLE LEVEL 1&2 mis			20:45~21:45 *6th 19:30~20:30 POLE LEVEL 2 AYA						20:45~22:00 POLE ALL LEVEL Pego (KASUMI)											
21:00																					
22:00																					

***If you are level1, this is a class you can take!