

NOVEMBER

03-5412-2555 TEL 1400-2100

03-5412-2555 TEL 1400-2100

	Mon			Tue			Wed			Thu			Fri			Sat			Sun		
	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI
10:00																					
11:00	11:00~12:00 POLE LEVEL 1 TOMO						10:30~11:30 STRETCH TOMO						11:15~12:15 POLE LEVEL 1 YOKO			10:00~11:00 POLE LEVEL 1 PINOKO					
12:00				12:00~13:00 AERIAL HOOP LEVEL 1&2 MKA			11:45~12:45 POLE 1&2 DANCE TOMO													12:10~13:10 POLE LEVEL 1 YUI	
13:00																					
14:00																					
15:00																					
16:00																					16:30~17:30 STRETCH TOMO
17:00							16:30~17:30 POLE LEVEL 1&2 DIE													16:30~17:30 13th & 27th AERIAL HOOP LEVEL 1 Misty	
18:00																					
19:00				19:15~20:15 POLE LEVEL 1&2 AYA																	
20:00									19:30~20:30 ※23rd 19:15~20:15 POLE LEVEL 1 Pego(KASUMI)					18:30~19:30 13th & 27th STRETCH TOMO							
21:00	20:30~21:30 POLE LEVEL 1&2 mis 7th Kumi												20:45~21:45 ※3rd 19:00~20:00 POLE LEVEL 1&2 YUI								
22:00						21:00~22:00 POLE LEVEL 1&2 Pego(KASUMI)															