

MAY

	MON		TUE		WED		THU		FRI		SAT		SUN	
	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio
10:00														
11:00														
12:00														
13:00		13:00~14:00 POLE LEVEL 1&2 SALLY		12:45~13:45 POLE LEVEL 1&2 Hitomi				13:00~14:00 POLE LEVEL 1&2 Pego (KASUMI)		12:30~13:30 POLE LEVEL 1&2 Momo		11:45~12:45 ※Only 11th AERIAL HOOP BASIC for BEGINNER YOSHIHIRO		
14:00												13:15~14:15 ※Except 25th BODY CONTROL STRETCH acha		13:30~14:30 POLE LEVEL 1&2 Pego(KASUMI)
15:00					14:30~15:30 ※Except 8th BODY CONTROL STRETCH AYUMI	14:30~15:30 ※1st Astudio POLE LEVEL 1&2 sayuri		14:15~15:15 BODY CONTROL STRETCH acha			14:30~15:30 POLE LEVEL 1&2 YOSHIHIRO 18th ao			
16:00	16:00~17:00 POLE LEVEL 1&2 Momo		15:30~16:30 POLE LEVEL 1&2 YUI					16:00~17:00 ※Only 2nd ACROBAT BASIC BEKKUN						15:15~16:15 ※Only 5th AERIAL HOOP BASIC for BEGINNER YOSHIHIRO
17:00														
18:00														
19:00		19:00~20:00 ※6th,18:00~19:00 AERIAL HOOP BASIC for BEGINNER Momo				19:00~20:00 Only 10th & 24th POLE LEVEL 1&2 AYUMI								
20:00			20:30~21:30 BODY CONTROL STRETCH acha											
21:00														
22:00														