NOVEMBER

TEL 03－5412－2555 14:00～21:00

	MON		TUE		WED		THU		FRI		SAT		SUN	
	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio
10:00														
11:00										11:15～12:15 11th & 25th POLE LEVEL 1&2 SALLY	10:30～11:30 POLE LEVEL 1&2 AI			
12:00	11:30～12:30 POLE LEVEL 1&2 SALLY	11:30～12:30 AERIAL SILK LEVEL 1 SAYO												
13:00		12:45～13:45 AERIAL SILK LEVEL 1&2 SAYO					13:00～14:00 POLE LEVEL 1&2 akane☆platinum							13:30～14:30 13th & 27th POLE LEVEL 1 akane☆platinum
14:00	14:15～15:15 STRETCH SALLY		14:20～15:20 STRETCH SALLY			14:30～15:30 POLE LEVEL 1&2 SALLY						14:30～15:30 POLE LEVEL 1&2 5th & 19th akane☆platinum 12th & 26th YOSHIHIRO		
15:00				15:30～16:30 POLE LEVEL 1&2 YUI			15:45～16:45 ACROBAT BASIC BEKKUN							
16:00														16:15～17:15 POLE LEVEL 1&2 AYUMi
17:00			17:15～18:15 AERIAL SILK LEVEL 1 Sayo				18:00～19:00 ※3rd 17:10～18:10 AERIAL SILK LEVEL 1 AKI				17:30～18:30 POLE LEVEL 1&2 12th & 26th YOSHIHIRO			
18:00						18:00～19:00 ※23rd 17:30～18:30 AERIAL HOOP LEVEL 1 KOZUE				19:20～20:20 POLE LEVEL 1&2 Pego (Kasumi)				
19:00							19:20～20:20 ※3rd 18:30～19:30 AERIAL HOOP LEVEL 1 AKI					18:45～19:45 POLE LEVEL 1 NISHIO		
20:00	20:40～21:10 POLE LEVEL 1&2 YUI		20:30～21:30 POLE LEVEL 1 RIE				20:45～21:45 3rd 19:50～20:50 ACROBAT BASIC BEKKUN			21:00～22:00 AERIAL HOOP LEVEL 1 MOMO.K				
21:00														
22:00														