

Lesson Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00							
11:00		11:00~12:00 POLE LEVEL 1 MIYABI	11:30~12:30 AERIAL HOOP LEVEL 1 Rumy (5/8 CLOSE)	11:00~12:00 POLE LEVEL 1 MIYABI			
12:00							
13:00	13:00~14:00 AERIAL HOOP All LEVEL Rumy (5/6 CLOSE)		13:00~14:00 POLE LEVEL 1 Rumy (5/8 CLOSE)				
14:00	14:30~15:30 POLE LEVEL 1 Rumy (5/6 CLOSE)			14:00~15:00 AERIAL HAMMOCK All LEVEL Rumy			
15:00							
16:00							
17:00							
18:00	17:30~18:30 POLE LEVEL 1 SHOW		18:00~19:00 POLE LEVEL 1 Jhay (5/15 Close)				
19:00			19:15~20:15 POLE HEELS Jhay (5/15 Jhay→SHOW)	19:30~20:30 POLE LEVEL 1 Jhay (5/16 Jhay→SHOW)	19:00~20:00 POLE LEVEL 1 YUKI		19:00~20:00 POLE LEVEL 1 YUKI (1st&3rd week only)
20:00							
21:00							
22:00							