

DECEMBER

TEL 03-5412-2555 14:00~21:00

	MON		TUE		WED		THU		FRI		SAT		SUN	
	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio	A studio	B studio
0.00		10:00~ 11:00 AERIAL HOOP BASIC												
1.00		Hitomi												
2.00												11:45~ 12:45 AERIAL HOOP BASIC for BEGINNER		
3.00		12:45~ 13:45 POLE LEVEL 1&2 SALLY			13:15~ 14:15 POLE LEVEL 1&2 AYUMI		13:00~ 14:00 POLE LEVEL 1&2 Pego (KASUMI)		12:30~ 13:30 LEVEL 1&2 MOMO				13:30~ 14:30 POLE LEVEL 1&2 KUMI	
4.00	14:15~ 15:15 STRETCH H SALLY											14:30~ 15:30 ※Except 28th POLE LEVEL 1&2 YOSHIHIRO		
5.00			15:30 ~16:30 LEVEL 1&2 AYUMI											
6.00							16:00~ 17:00 ACROBAT BASIC BEKKUN		15:45~ 16:45 POLE LEVEL AYUMI					
7.00							18:00~ 19:00 5th & 19th AERIAL SILK LEVEL 1 12th & 26th AFRIAL AKI							
8.00														
9.00					19:00~ 20:00 POLE LEVEL 1&2 AYUMI							18:45~ 19:45 POLE LEVEL 1 KUMI		
10.00		20:30~ 21:30 AERIAL HOOP BASIC MOMO K		20:15 ~ LEVEL 1&2 AYUMI										
11.00														
12.00														