

Lesson Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00							
11:00		11:00~12:00 POLE LEVEL 1 MIYABI	11:30~12:30 AERIAL HOOP LEVEL 1 Rumy (3/20 Close)	11:00~12:00 POLE LEVEL 1 MIYABI			
12:00							
13:00	13:00~14:00 AERIAL HOOP LEVEL 1 Rumy		13:00~14:00 POLE LEVEL 1 Rumy (3/20 Close)				
14:00				14:00~15:00 AERIAL HAMMOCK LEVEL 1 Rumy			
15:00	14:30~15:30 POLE LEVEL 1 Rumy	15:00~16:00 POLE LEVEL 1 Rumy					
16:00							
17:00							
18:00			18:00~19:00 POLE LEVEL 1 Jhay				
19:00			19:15~20:15 POLE HEELS Jhay	19:30~20:30 POLE LEVEL 1 Jhay (3/7 only)	19:00~20:00 POLE LEVEL1 YUKI		19:00~20:00 POLE LEVEL1 YUKI (1st&3rd week only)
20:00							
21:00							
22:00							