December

03－5412－2555　TEL　14:00～21:00

03－5412－2555　TEL　14:00～21:00

	Mon			Tue			Wed			Thu			Fri			Sat			Sun		
	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI	A Space	B Space	MINI
11:00	11:00～12:00 POLE LEVEL 1 TOMO			10:30～11:30 AERIAL HOOP LEVEL 1 Mikitty			10:30～11:30 STRETCH TOMO							10:30～11:30 POLE LEVEL 1 YOKO			10:30～11:30 POLE LEVEL 1 PINOKO				
12:00				12:00～13:00 AERIAL HOOP LEVEL 1&2 MIKA			11:40～12:40 POLE 1&2 DANCE TOMO				11:15～12:15 POLE LEVEL 1 YOKO							12:00～13:00 POLE LEVEL 1 KUMI		12:10～13:10 POLE LEVEL 1 YUII	
13:00						12:15 ～13:15 POLE LEVEL 1 NO TRICK MIYUKI	13:00～13:45 Bungee Fitness TOMO			13:45～14:45 STRETCH SPLIT FLEXIBILITY Sally											
14:00																					
15:00																					
16:00									16:30～17:30 POLE LEVEL 1&2 RIE												
17:00																			16:30～17:30 12・26th AERIAL HOOP LEVEL 1 Mikitty		
18:00												18:15～19:15 POLE LEVEL 1&2 YUI			19:10～20:10 POLE LEVEL 1 AYA						
19:00			19:10～20:10 POLE LEVEL 1&2 AYA						19:30～20:30 1・15th POLE LEVEL 1 Pego(KASUMI)												
20:00															20:40～21:40 POLE LEVEL 1&2 AYA						
21:00						21:00～22:00 POLE LEVEL 1 Pego(KASUMI)				20:45～21:45 POLE LEVEL 1 YUI			22:00～23:00 STRETCH NISHIO								
22:00																					

※Our New Year's Holidays!

We will be closed for the New Year's holiday from December 27th through January 3rd.
Will be back to open from the4th of January.