

Nov					
Mon			Tue		
Aスタジオ	Bスタジオ	Cスタジオ	Aスタジオ	Bスタジオ	Cスタジオ
				11:30~12:30 AERIAL SILK LEVEL 1&2 AYA	
11:00					
		12:45~13:45 POLE LEVEL 1 MOMOK		13:00~14:00 AERIAL YOGA (HAMMOCK) AYA	13:30~14:30 POLE LEVEL 1&2 ELLES
12:00					
				14:30~15:30 AERIAL HOOP LEVEL 1 AYA	14:45~15:45 FLEXIBILITY BEGINNER ELLES
13:00					
	14:45~15:45 AERIAL YOGA (HAMMOCK) AYA				
14:00					
	16:15~17:15 AERIAL SILK LEVEL 1 &2 AYA				
15:00					
					17:00~18:00 ACROBAT-BASIC BERKUN
16:00					
	17:40~18:40 23th AERIAL HOOP LEVEL 1 MIKA				18:15~19:15 BackUp Training BERKUN
17:00					
	19:00~20:00 AERIAL SILK LEVEL 1 MIKA				19:30~20:30 POLE LEVEL 1 ELLES
18:00		20:30~21:30 POLE LEVEL 1&2 MOMOK			
19:00					
20:00					
21:00					
22:00					

Wed			Thu		
Aスタジオ	Bスタジオ	Cスタジオ	Aスタジオ	Bスタジオ	Cスタジオ
		11:30~12:30 POLE LEVEL 1&2 AKI			12:50~13:50 AERIAL SILK LEVEL 1 XIO
11:00					
12:00					
13:00					
14:00					
				14:30~15:30 POLE LEVEL 1&2 AYUMI	15:45~16:45 FLEXIBILITY BEGINNER AYUMI
15:00					
		NEW 15:45~16:45 FLEXIBILITY akane si platinum	16:00~17:00 AERIAL HOOP LEVEL 1&2 ALK		
16:00	16:00~17:00 POLE LEVEL 1&2 MOMOK				
17:00					
18:00					
19:00		19:15~20:15 POLE LEVEL 1&2 SHIGEKO	19:30~20:30 AERIAL SILK LEVEL 1 ALK		
20:00					20:30~21:30 POLE LEVEL 1 SHIGEKO
21:00					
22:00					

Fri			Sat			Sun		
Aスタジオ	Bスタジオ	Cスタジオ	Aスタジオ	Bスタジオ	Cスタジオ	Aスタジオ	Bスタジオ	Cスタジオ
				11:30~12:30 AERIAL HOOP LEVEL 1&2 AYA			11:00~12:00 POLE LEVEL 1&2 SHIGEKO	
11:00								
				13:00~14:00 Latin Mix AYA				
12:00								
	13:00~14:00 HAMMOCK DANCE AYA	13:30~14:30 POLE LEVEL 1 SHIGEKO		14:30~15:30 HAMMOCK DANCE AYA	14:00~15:00 POLE LEVEL1 MOMOK			14:00~15:00 Open Legs EMIJAY
13:00								
	14:30~15:30 AERIAL SILK LEVEL 1 &2 AYA			15:45~16:45 AERIAL SILK LEVEL 1 MIKA				15:15~16:15 POLE LEVEL 1 &2 AYUMI
14:00								
						16:15~17:15 ACROBAT BASIC TOMONORI	16:45~17:45 AERIAL SILK LEVEL 1 &2 AYA	16:30~17:30 FLEXIBILITY BEGINNER NISHIO
15:00								
16:00								
17:00								
	17:30~18:30 AERIAL SILK LEVEL 1&2 ALK							
18:00								
19:00	19:00~20:00 FLEXIBILITY ALK	19:15~20:15 Open Legs (ALL LEVEL) EMIJAY						
20:00								
	20:15~21:15 AERIAL HOOP LEVEL 1 & 2 ALK	20:30~21:30 POLE LEVEL 1 &2 AYUMI						
21:00								
22:00								