

| September  |  | 03-5412-2555 TEL 14:00~21:00                        |  |   |   |   |  | September  |   | 03-5412-2555 TEL 14:00~21:00                               |   |  |   |  |  |
|--|--|---|--|---|---|---|--|--|---|--|---|--|---|--|--|
| Mon  |  | Tue   |  | Wed   |   | Thu   |  | Fri  |   | Sat  |   | Sun  |   |  |  |
| Space A  | Space B                                  | Space A   | Space B                                  | Space A   | Space B                                   | Space A   | Space B                                | Space A  | Space B                                   | Space A  | Space B                                   | Space A  | Space B                                   |  |  |
| 11:00<br>MAMA POLE<br>With BABY<br>RUBY            |  | 10:00~11:00<br>AERIAL SILK<br>LEVEL 1<br>Lily       |  | 10:45~11:45<br>AERIAL<br>HOOP<br>Mikitty                    |   | 11:45~12:45<br>POLE<br>LEVEL2<br>YOKO                   | 11:45~12:45<br>POLE<br>LEVEL 1<br>YOKO | 10:30~11:30<br>AERIAL HOOP<br>LEVEL 1<br>Mikitty |   | 11:00~12:00<br>POLE<br>LEVEL 2<br>Mikitty                  | 11:00~12:00<br>POLE<br>LEVEL 1<br>Mikitty | 10:45~11:45<br>AERIAL HOOP<br>LEVEL 1<br>Mikitty |   |  |  |
| 12:30~13:30<br>POLE<br>LEVEL 2<br>PINOKO           | 12:30~13:30<br>POLE<br>LEVEL 1<br>Pinoko | 11:30~12:30<br>AERIAL<br>HOOP<br>LEVEL 1<br>MIKA    |  | 12:20~13:20<br>POLE<br>LEVEL 2<br>Mikitty                   | 12:20~13:20<br>POLE<br>LEVEL 1<br>Mikitty | 13:00~14:00<br>SPINING POLE<br>HEELS<br>Level 1<br>YOKO |  | 11:45~12:45<br>EXOTIC<br>BASIC<br>YOKO           |   | 12:15~13:30<br>POLE<br>LEVEL 3<br>YOKO                     |   | 12:20~13:20<br>POLE<br>LEVEL 2<br>Mikitty        | 12:20~13:20<br>POLE<br>LEVEL 1<br>Mikitty |  |  |
| 14:00~15:15<br>POLE<br>LEVEL 2&3<br>Pinoko         |  | 13:00~14:15<br>POLE<br>LEVEL 2&3<br>MOMOYO          |  | 13:30~14:30<br>POLE Heels<br>BASIC<br>(All Level)<br>momoMc |   | 14:15~15:15<br>POLE HEELS<br>LEVEL1 & 2<br>PINOKO       |  | 13:00~14:00<br>POLE HEELS<br>LEVEL1<br>YOKO      |   | 13:45~14:45<br>SPINING POLE<br>HEELS<br>Level 1<br>Mikitty |   | 13:30~14:30<br>POLE HEELS<br>LEVEL1 & 2<br>AKI   |   |  |  |
| 15:30~17:00<br>FREE POLE &<br>AERIAL<br>90分 2,500円 |  | 14:30~15:30<br>EXOTIC FLOW<br>(ALL LEVEL)<br>MOMOYO |  | 14:45~15:45<br>SPINING POLE<br>HEELS<br>Level 1<br>PINOKO   |   | 15:30~16:45<br>POLE<br>LEVEL 2&3<br>YOKO                |  | 14:15~15:30<br>POLE<br>LEVEL 2&3<br>Mikitty      |   | 15:00~16:00<br>KIDS<br>ACROBAT<br>TOMONORI                 |   | 14:45~16:00<br>POLE<br>LEVEL 3&4<br>AKI          |   |  |  |
|  |  | 16:00~17:00<br>POLE<br>LEVEL 1<br>EMIJAY            | 16:00~17:00<br>POLE<br>LEVEL 2<br>EMIJAY | 16:00~17:15<br>POLE<br>LEVEL 2&3<br>RYOTA                   |   |   |  | 15:45~16:45<br>POLE<br>LEVEL 2<br>Mikitty        | 15:45~16:45<br>POLE<br>LEVEL 1<br>Mikitty | 16:00~17:00<br>KIDS POLE<br>Elizabth                       |   | 16:15~17:30<br>POLE<br>LEVEL 2&3<br>Mikitty      |   |  |  |
|  |  |   |  |   |   |   |  |  |   | 17:15~18:15<br>POLE HEELS<br>LEVEL 1 & 2<br>Pinoko         |   | 17:40~18:40<br>FREE POLE                         |   |  |  |
| 19:20~20:20<br>POLE<br>Heels<br>(slow move)<br>OJ  |  | 19:20~20:35<br>POLE<br>LEVEL 2&3                    |  | 19:20~20:20<br>POLE<br>LEVEL 1<br>RYOTA                     | 19:20~20:20<br>POLE<br>LEVEL 2<br>RYOTA   | 19:20~20:35<br>POLE<br>LEVEL 2&3<br>EMIJAY              |  | 19:20~20:35<br>POLE LEVEL 3<br>& 4<br>NISHIO     |   | 18:30~19:45<br>POLE ADVANCE<br>Heels<br>Pinoko             |   | 18:45~20:00<br>POLE ADVANCE<br>Heels<br>YOKO     |   |  |  |
| 20:45~21:45<br>POLE<br>LEVEL 1<br>OJ               | 20:45~21:45<br>POLE<br>LEVEL 2<br>OJ     | 20:50~21:50<br>POLE<br>Heels<br>LEVEL1 & 2          |  | 20:30~21:45<br>POLE 4<br>STATIC OR<br>SPINNING<br>RYOTA     |   | 20:50~21:50<br>POLE HEELS<br>LEVEL1 & 2<br>EMIJAY       |  | 20:50~22:05<br>POLE<br>LEVEL 2&3<br>NISHIO       |   |  |   |  |   |  |  |
|  |  |   |  | 22:00~23:00<br>FREE POLE                                    |   |   |  |  |   |  |   |  |   |  |  |